

What Messages Are You Sending When Your Kids Sees....

- You yelling at your partner?
- You cursing at your partner?
- You calling your partner names?
- You threaten your partner?
- You control all the money?
- Your partner has to ask permission to go places?
- Your partner have to ask permission to spend money?
- You throw something when you are angry?
- You hit the wall or table?
- You slap your partner?
- You grab your partner by the throat?
- You use as intimidating tone of voice with the family?
- You grab your partner?
- You keep your partner from having friends?
- Your partner is afraid of you?
- Your partner afraid to come home at night?
- Your partner rushing home so you won't be angry?
- Your partner telling them to stay out of sight because you are angry tonight?
- You coming home intoxicated?
- You get arrested for your abuse?

Facts:

- An adult outside the family can play a key role in helping children break the cycle of violence.
- Schools can help children through the transition when a battered person is trying to end the violence in their life.
- Everyone has a responsibility to report abuse.

Safety Plan for Kids:

Children who live in violent homes need to participate in a plan to keep themselves safe:

1. Can you go to a neighbor's house to call 911 or get away? What is that neighbors name?
2. Why is it important to call 911?
3. Where can you go in the house to be safe during a fight?
4. What rooms should you stay out of when there is a fight?
5. Why do you think it is not a good idea to try to protect the person when (fill in name) is fighting with them?
6. Who can you talk to about what is happening in your home?
7. If an adult does not listen to you or does not believe you, should you give up and not tell anyone else?
8. Have a plan and code word with the person who is being abused that tells you to go get help or call 911

Checklist for Suspected Violence in Children & Teens:

- Failure to thrive
- Delay in speech development
- Withdrawal and passivity

- Aggressiveness
- Drawing pictures that are explicitly violent
- Acting out the rescue of the mother in imaginative play
- Dressing inappropriately
- Difficulty in understanding simple social cues
- Difficulty in making friends
- Putting all energy into school
- Poor concentration in school, failing, scholastically
- Teen Pregnancy
- Drug or alcohol abuse
- Exhibiting violent behaviors with peers
- Being involved in dating violence
- Suicidal gestures
- Assumption of parent roles
- Being victims of physical abuse themselves